

# The Vermont Crisis Intervention Network:

Thirty-Two Years of  
Prevention

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# The Vermont Crisis Intervention Network

- Level I – Clinical Foundation Building
- Level II – On Site Consultation
- Level III – Residential Crisis Services

# Level I – Clinical Foundation Building

- Founding Philosophy
  - In order to reduce and potentially prevent crises throughout the state, the level of clinical expertise within the agencies must be increased.

# Level II – On Site Consultation

## ■ Founding Philosophy

- In order to reduce or prevent crises, expert clinical services can be delivered within the local agencies
- Stabilization of a potential crisis is often realized through early intervention
- Staff and Service Coordinator competencies can be increased through this consultation

# Level III – Residential Crisis Services

- Founding Philosophy
  - Institutional diversion appropriate and necessary
  - Appropriate clinical diagnosis and treatment required
  - Humane, calm environment essential (non-secure)
  - Rapid return to community important
  - Along the way we can increase the clinical competencies of agency staff

# Level III – Residential Crisis Services

- Rural single residence structures
- Only 1 resident at a time
- 1-1 staffing (or richer) at all times
- Plexiglass windows, fully alarmed, non-secure
- Psychological/behavioral consultation
- Nursing assessment and follow along
- Psychiatric evaluation and prescription
- Generic and specialist health provider referrals

# Level III – Residential Crisis Services

## A Typical Year

- Level III 2018 (fiscal year)
  - Moretown and Wardsboro combined
    - 39 stays (32 different people)
    - Mobile supports: 3
    - 19 male, 13 female
    - 622 total days (85% occupancy rate, highest ever)
    - 16 day average stay (4-54 range)
    - Age range 12-62 years

# VCIN Level III

- In 2020 things went sideways and remain so:
  - Moretown bed has served 1 person since Aug 13<sup>th</sup>, 2020, we are still supporting them today (3 years)
  - Wardsboro, one person, 327 days and counting
  - Third bed, one person, 339 days and counting



# VCIN Level III

VCIN is non-secure: Occasionally there are folks who are motivated and capable of leaving our care and should they elude us may be dangerous to the community or themselves. We have said no to approximately 8 people over the 32 years.

# The Future...

The system has suffered a major  
reduction in resources

Agencies now struggle intensely to provide for the  
most challenging individuals

We need to do

something more and different