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DRAFT

Preliminary Support Level

Descriptions

Background

This document contains level descriptions for the preliminary 6-level support level framework in Vermont. Descriptions were created by exploring the needs of the individuals in the sample (n = 623) within each of the levels. Note that these descriptions do not account for additional information on people's support needs collected via supplemental questions, context assessment, or SIS-A 2nd Edition new items. Final descriptions will incorporate any new information from these sources, as well as any updates to language as needed.

The preliminary support levels are:

- 1 Low general support need, no extraordinary medical or behavioral needs
- 2 Moderate general support need, no extraordinary medical or behavioral needs
- 3 High general support need, no extraordinary medical or behavioral needs
- 4 Very high general support need, no extraordinary medical or behavioral needs
- 5 Extraordinary medical support need
- 6 Extraordinary behavioral support need

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Level 1









Low general support need, no extraordinary medical or behavioral needs

Adults in this level have some but largely little need for support in most areas of daily living, including typical support need for medical conditions or challenging behaviors for people with Intellectual and/or Developmental Disabilities (IDD). They can manage many aspects of their lives with some assistance.

 <p>HOME LIVING</p>	<p>People’s needs range from no support to some monitoring support in most home living activities such as hygiene, using the toilet, laundering clothes, or housekeeping. The most common areas that people in this level required prompting or partial physical assistance were operating appliances, cleaning, eating food, and dressing.</p>
 <p>COMMUNITY LIVING</p>	<p>People’s needs range from no support to some monitoring support in areas of recreation, community activities, using public services, shopping, and interacting in the community. The most common areas that people in this level required additional assistance with were going to visit friends and family and using transportation.</p>
 <p>LIFELONG LEARNING</p>	<p>People’s needs range from none to partial assistance in areas of self-determination skills, training and educational decisions, and accessing educational settings. The most common areas that people in this level required additional assistance with were learning and using problem solving skills, self-management strategies, and interacting with others in learning activities.</p>
 <p>EMPLOYMENT</p>	<p>People’s needs range from none to partial physical assistance in areas of job skills, completing tasks timely and accurately, interacting with coworkers and supervisors, and accessing task accommodations. The most common area that people in this level required additional assistance with was changing job assignments.</p>
 <p>HEALTH AND SAFETY</p>	<p>Some individuals in this level need prompting or other direct supports in areas of taking medications, moving around, avoiding hazards, accessing emergency services, and maintaining emotional well-being. Nearly half of the people need partial physical assistance in maintaining physical health and fitness.</p>
 <p>SOCIAL</p>	<p>People may need partial assistance in areas of social skills, participating in leisure activities with others, socializing, making friends, loving and intimate relationships, communicating needs, and volunteer work.</p>
 <p>MEDICAL</p>	<p>People in this level have needs similar to the general population for medical conditions such as the use of a CPAP machine or nebulizer, help when sick, physical therapy services, blood pressure management, allergies management, and/or diabetes management.</p>
 <p>BEHAVIORAL</p>	<p>People in this level have needs similar to the general population for challenging behaviors such as using de-escalation techniques and/or maintaining mental health treatments.</p>









Level 2 Moderate general support need, no extraordinary medical or behavioral needs

Adults in this level have moderate support needs in most areas of daily living and typical support need for medical conditions or challenging behaviors. They need more support than those in Level 1 and have needs in several life areas.

 <p>HOME LIVING</p>	<p>People’s needs range from low support to some physical assistance in areas of hygiene, dressing, using the toilet, preparing food, and laundering clothes. About half of the individuals need partial to full support around eating food.</p>
 <p>COMMUNITY LIVING</p>	<p>People’s needs range from monitoring up to full assistance in areas of recreation, community activities, accessing public buildings, using public services, and interacting in the community. The most common area that people in this level required additional assistance with shopping, going to visit friends and family, and/or using transportation.</p>
 <p>LIFELONG LEARNING</p>	<p>People’s needs range from monitoring up to full assistance in using problem-solving, health and physical education skills. Over half of the people require partial to full assistance in learning self-management strategies and/or interacting with others in learning activities.</p>
 <p>EMPLOYMENT</p>	<p>People’s needs range from monitoring up to full assistance in completing tasks timely and accurately, interacting with coworkers and supervisors and getting help from employer. The majority of individuals require partial to full assistance changing job assignments and/or learning and using specific job skills.</p>
 <p>HEALTH AND SAFETY</p>	<p>People’s needs range from monitoring up to full assistance in taking medications, avoiding hazards, accessing emergency services, and maintaining emotional well-being. The majority of people need partial to full assistance maintaining physical health and/or fitness and a nutritious diet as well as moving around.</p>
 <p>SOCIAL</p>	<p>People’s needs range from low support to partial assistance in areas of social skills, participating in leisure activities with others, socializing, making friends, loving and intimate relationships, communicating needs, and/or volunteer work.</p>
 <p>MEDICAL</p>	<p>People in this level have needs similar to the general population for medical conditions. Those with medical needs have needs such as use of a CPAP machine or nebulizer, blood pressure management, allergies management, and/or diabetes management. A few individuals in this level require assistance with eating and drinking.</p>
 <p>BEHAVIORAL</p>	<p>People in this level have needs similar to the general population for challenging behaviors using de-escalation techniques and/or maintaining mental health treatments. Some individuals require extra support to prevent injuries to others and inappropriate behaviors.</p>









Level 3 High general support need, no extraordinary medical or behavioral needs

Adults in this level have a range in need up to full assistance for daily activities. They may need some support for medical conditions. They also have an increased, though not extraordinary, support need due to challenging behaviors.

 <p>HOME LIVING</p>	<p>Most people in this level have need for at least partial assistance in hygiene, dressing, using the toilet, eating food, housekeeping, and operating appliances. The most common areas that people in this level required additional assistance with were operating appliances, eating food, using the toilet, and dressing.</p>
 <p>COMMUNITY LIVING</p>	<p>Most people in this level have a need for at least partial assistance in most areas. The most common areas that people in this level required additional assistance with were transportation and visiting friends and family.</p>
 <p>LIFELONG LEARNING</p>	<p>Most people in this level have a need for at least partial assistance in most areas. About half of people in this level require full assistance in learning functional academics, such as basic literacy and numeracy skills, and/or interacting with others in learning activities.</p>
 <p>EMPLOYMENT</p>	<p>Most people in this level have or would have a need for at least partial assistance in most areas. Over half of the people in this level would require full assistance in interacting with coworkers and/or changing job assignments.</p>
 <p>HEALTH AND SAFETY</p>	<p>Most people in this level have a need for at least partial assistance. The majority of people need partial to full assistance maintaining physical health and fitness and/or a nutritious diet as well as moving around.</p>
 <p>SOCIAL</p>	<p>Most people in this level have a need for at least partial assistance. The most common areas that people in this level required additional assistance with were participating in recreation, making and keeping friends, engaging in loving relationships and/or volunteer work.</p>
 <p>MEDICAL</p>	<p>People in this level have needs similar to the general population for medical conditions such as use of a CPAP machine or nebulizer, allergies management, and/or diabetes management. Individuals may need some extra support around eating and drinking, positioning, and wound care or ostomy and catheter care.</p>
 <p>BEHAVIORAL</p>	<p>People in this level have needs similar to the general population for challenging behaviors using de-escalation techniques and maintaining mental health treatments. Individuals may need some extra support around preventing injuries to others, property damage, pica, and/or substance abuse.</p>








Level 4 Very high general support need, no extraordinary medical or behavioral needs

Adults in this level have high support needs for daily activities and may need some support for medical conditions. They often need some physical assistance with life activities on a daily basis. Some may have behavioral support needs, but these needs are not extraordinary.

 <p>HOME LIVING</p>	<p>People in this level need partial to full support in all areas of home living. Most individuals require full physical assistance in operating appliances, housekeeping, eating food, dressing and/or hygiene.</p>
 <p>COMMUNITY LIVING</p>	<p>People in this level need partial to full assistance in all areas of community living. Most individuals require full physical assistance in transportation, participating in recreation in the community, using public services and/or shopping.</p>
 <p>LIFELONG LEARNING</p>	<p>People in this level need partial to full assistance in all areas of learning activities. Approximately 95% of people require full assistance in learning functional academics, such as basic literacy and numeracy skills, learning self-determination skills, learning self-management skills, making educational decisions, and/or interacting with others in learning activities.</p>
 <p>EMPLOYMENT</p>	<p>People in this level need or would need partial to full assistance in all areas of employment when/if they engage in employment activities. Nearly everyone requires full assistance in interacting with coworkers and/or changing job assignments.</p>
 <p>HEALTH AND SAFETY</p>	<p>People in this level need partial to full assistance in all areas of health and safety. Nearly everyone requires full assistance in maintaining a nutritious diet and/or moving about.</p>
 <p>SOCIAL</p>	<p>People in this level need partial to full assistance in all areas of social activities. Over 90% of individuals require full assistance in engaging in volunteer work, engaging in loving relationships, making and keeping friends, and/or participating in recreation activities with others.</p>
 <p>MEDICAL</p>	<p>People in this level have needs similar to the general population for medical conditions. For those with support needs, they include using a CPAP machine or nebulizer, diabetes management, assistance eating and drinking, positioning and wound care, or ostomy and/or catheter care.</p>
 <p>BEHAVIORAL</p>	<p>People in this level have needs similar to the general population for challenging behaviors using de-escalation techniques and maintaining mental health treatments. Some people have some additional support needs around preventing injuries to others, sexual aggression, substance abuse or other serious behaviors.</p>

Level 5 Extraordinary medical support need

Adults in this level have extraordinary support need due to one or more medical condition(s), regardless of their need for support for completing daily activities. Individuals in this level may have behavioral support needs, but these needs are not extraordinary. Adults in this level may need 1:1 supports due to their medical needs.

 <p>HOME LIVING</p>	<p>Approximately 90% of people require partial to full support in all areas of home living. Most individuals in this level require full support in hygiene activities, dressing, using the toilet, eating food, and/or operating appliances.</p>
 <p>COMMUNITY LIVING</p>	<p>Most individuals require partial to full support in all areas of community living. About 60% of people in this level require full support in transportation, accessing public buildings, using public services, and/or going to visit friends and family.</p>
 <p>LIFELONG LEARNING</p>	<p>Most individuals in this level need full assistance in all areas of learning activities especially in participating in educational decisions and/or interacting with others in learning activities.</p>
 <p>EMPLOYMENT</p>	<p>Approximately 90% of people require or would require partial to full support in all areas of employment. Most individuals in this level require or would full support in changing job assignments, interacting with coworkers, and/or learning job specific skills.</p>
 <p>HEALTH AND SAFETY</p>	<p>People in this level need partial to full assistance in all areas of health and safety. Over half of individuals in this level require full support in maintaining physical health and fitness, maintaining a nutritious diet, avoiding hazards, and/or moving about.</p>
 <p>SOCIAL</p>	<p>People in this level need partial to full support in all areas of social activities. Over half of the individuals in this level require full support in participating in recreation activities with others and/or engaging in volunteer work.</p>
 <p>MEDICAL</p>	<p>All people in this support level need support for extraordinary medical needs. Most individuals in this sample have support needs in the areas of eating and drinking, ostomy and/or catheter care, or diabetes management.</p>



BEHAVIORAL

People in this level have needs similar to the general population for challenging behaviors using de-escalation techniques and maintaining mental health treatments. Some people have some additional support needs around preventing injuries to others, property damage, pica or sexual aggression.

Level 6 Extraordinary behavioral support need

Adults in this level have extraordinary support needs due to challenging behaviors, regardless of their support need to complete daily activities or for medical conditions. Adults in this level may need 1:1 supports to prevent or mitigate challenging behaviors.



HOME LIVING

Most individuals in this level require at least partial physical assistance in using the toilet, eating food, housekeeping, and/or operating appliances.



COMMUNITY LIVING

Most individuals in this level require at least partial physical assistance in transportation, participating in recreation activities, using public services, shopping, interacting with community members, and/or going to visit friends or family.



LIFELONG LEARNING

People in this level require partial to full assistance in learning activities. Most individuals in this level require full assistance in interacting with others and/or learning functional academics, such as basic literacy and numeracy skills.



EMPLOYMENT

People in this level require or would require partial to full assistance in employment activities. Most require or would require full assistance in changing job assignments and/or interacting with coworkers.



HEALTH AND SAFETY

People in this level require partial to full assistance in health and safety. Most people require partial support in taking medications, moving about, avoiding hazards, accessing emergency services, maintaining physical health, and/or emotional well-being.



SOCIAL

Over half of people in this level require partial to full assistance in social activities. Most people in this level require full support in engaging in loving relationships and/or making and keeping friends.



People in this level have needs similar to the general population for medical conditions such as use of a CPAP machine or nebulizer, additional supports when sick, physical therapy services, blood pressure management, allergies management, or diabetes management.



All people in this support level need support for extraordinary behavioral needs. Most individuals in this level need extensive support in preventing injury to others, preventing property damage, preventing pica and/or preventing substance abuse.